
Harry N. Cutting

Post 59 American Legion Family

Waterbury, Vermont

April-May-June 2012

Commander

Commander Gary here. It's coming up to the end of my two years as Commander of Post 59.

I would like to thank one and all that have helped me for the last two years.

With that said, we have a lot coming up. Elections are on May 8th. If you're interested in serving, come in and see what positions are open. It's a great experience.

Don't forget:

Mothers Day May 13th,
Memorial Day May 28th, and
Flag Day June 14th.

If you haven't visited to see the new bar yet, stop in. It's a wonderful improvement to our Post.

There are new hours at the Post:
Monday - Wednesday: 2:00 - 9:00
Tuesday - Friday: 2:00 - 11:00
Saturday: Noon to 9:00
Sunday: Noon to 7:00
The hours are subject to business.

Texas Hold'em on Thursdays,
6:30 - 7:00 start.

We'd like to start Pitch on
Wednesdays; 6:30 - 7:00 start.
Please call the Post if you're
interested.



Calcutta tickets are available at the bar; \$100 includes dinner for two. This is our biggest fund-raiser for the year.

We've raised over \$20,000 so far for Children & Youth, Community, and Veterans programs.

Memorial Day Schedule:

9:00 a.m. Maple Street
10:00 a.m. Hope Cemetery,
Waterbury
11:00 a.m. Waterbury Center
Ghost Walk, Rte. 100
12:00 N. Duxbury

Keep your eye on the calendar or call the Post for upcoming events such as the Post picnic.

Again, thanks to all for your help.

For God and country,
Gary Sweetser, USMC
Commander, Post 59

Vice Commander

I want to let you know that I will not be running for a leadership position this coming year. I will be living in Florida for several months each year starting this coming winter and it would not be appropriate to be unavailable during monthly meetings for extended periods of time.

I want to thank all of you who responded to my letter requesting some of the missing information. I sent out about 90 letters. I will be sending a note to all with missing information soon. You can respond directly to the Post with your updated information.

I would like to let you know the

For God, Country and our Veterans

following known membership facts by the numbers.

Since 2010 we have lost 16 members through death. We currently have 288 paid members with 38 who have not renewed as of this note. You have 3 members with 60 years or more of continuous service. There are 120 with 20 years or more continuous service. Your oldest member was born 3 Mar 1913 and the youngest was born on 18 Aug 1986. There are twelve PUFL members and one honorary. We have 152 members with unknown branch of service, 207 unknown birth dates and 37 with unknown war era. There are 23 who were serving during WWII, 117 during Vietnam, 80 during Persian Gulf, 5 during Panama, 15 during Lebanon and 46 during Korea. Many of you severed during more than one of these wars.

Your continuing membership and attendance to Post functions, keeps the Post ability to support the local Post communities with small donations of support strong. Two of these programs are the Boy Scouts and education grants for college bound dependents of our members. Your post also supports many other community programs including Children and Youth and Boys State. With the new on-line renewal site it is very easy to update your own information. The link is here. <http://www.legion.org/renew>

It has been a privilege to serve as your 1st Vice.

Gene Sweetser
Vice Commander

**Merchants Bank Ad
1 column wide X 2”
Separate Pdf provided**

Adjutant's Notes

Greetings! I do have a couple of things that I need to mention on behalf of Post # 59. Legion membership remains an important part of any organizations success. I would ask that any current member of Post # 59 who have not paid their 2012 dues, please mail in your application with \$30 dollars.

URGENT- With a recommendation from the Executive Board and a vote by the Post membership, it has been decided that the Post will discontinue paying “Post Annual Dues” for its active duty members. This would include any of our full time active duty, and our full time National Guard members. This will take effect during the upcoming membership season for 2013. Membership applications for 2013 generally are available in July of 2012, after the Department Convention.

Post # 59 will continue to pay for our senior members (HLM's). HLM's are based on years of legion membership, number of years with Post # 59, and age 70. Please contact me if you have

any questions about membership or legion programs. Post meetings are held on the 2nd Tuesday of each month, at 7:00 PM. Have you attended a post meeting? I would ask that some additional members stop in to see what is going on at their post. The upstairs hall has been renovated and it really looks great.

Nominations for post officers will take place this month, with elections held at the May post meeting (May 8th). Please join us!!

The Department Convention will be on Saturday, June 29th, 2012 at the Sheraton, Burlington. If you're interested in attending the convention, please give me a call for additional information, 522-7770.

Rick Gray,
Adjutant

Service Officer

TriCare

Military retirees with 20 or more years of service and other than a dishonorable discharge are eligible for TriCare health coverage including dental care. Eligible retirees may sign up for dental care by calling (888) 336-3260. Monthly dental premiums in central Vermont are \$30.63 for individuals, \$59.24 for a couple and \$99.07 for a family. Spouses are also eligible.

An annual eye exam including a prescription but no glasses and a hearing exam including hearing aids, if required, are provided by the Martin's Point TriCare

system. For questions and a list of local medical providers, call (413) 534-4305 or e-mail Michael.Rathman@martinspoint.org. Be sure to ask how TriCare and Medicare work together.

Glaucoma is a group of eye diseases in which the optic nerve slowly becomes damaged over time, which can lead to loss of peripheral side vision at first and even blindness if not treated. Veterans over age 60 are the highest risk group. At first there are no symptoms, so regular checkups by a VA ophthalmologist are very important.

NOTE: The following information was provided by the US Department of Veterans Affairs, Veterans Health Administration Online Newsletter since the 01.01.2012.

Agent Orange Update

The VA has updated the list of US Navy and Coast Guard ships that operated in Vietnam, adding 47 more ships and expanding information on others. Visit the Agent Orange homepage for information:

<http://www.publichealth.va.gov/exposures/agentorange>.

The website above also provides information about other herbicides as well as Agent Orange that were used at the Korean DMZ, Thailand military bases and in Vietnam. Related diseases include not only veterans themselves but also defects in their children. Benefits include disability compensation, a registry exam, diagnosis, health care and patient education.

Other military exposures to a range of harmful chemical, physical and environmental hazards include the following: burn pits, OEF/OIF/OND exposures, radiation, fuels, project 112/project SHAD, Camp Lejeune water, noise, vibration, Gulf War exposures including Desert Shield, Desert Storm, Iraqi Freedom and New Dawn, rabies, depleted uranium, toxic embedded fragments, asbestos, CARC paint, chromium, lead, PCBs, certain military vaccinations and medications. For information: <http://www.publichealth.va.gov/exposures/index.asp>

The environmental contact at the White River VA hospital is Karen Rediker (OOSP), 802-295-9363, Ext. 6545 or Karen.Rediker@va.gov.

Chronic Fatigue Syndrome, CFS

A veteran does not have to prove a connection between illness and service for disability compensation. CFS is an unexplained, severe and persistent fatigue, which is not helped by rest.

Sam Miller, Service Officer
802-244-1484
LSamMiller1@gmail.com

SUPER BANK CDs

\$25,000 Minimum Deposit.
Principal Guaranteed.
5 – 7 year terms. Call for Average Returns. Minimum Guarantee 0.05%. Details:
Sam Miller 802.244.1484
129 Miller Lane.,
Waterbury Center.

Sons of The American Legion

Hello Spring! Almost anyways! As we bring in the warmer months we too prepare for “seasonal” changes within the Post. April brings in the posting for Squadron Officer Nominees. For all interested Son’s, this posting is on the wall across from the pool table downstairs. This is only a nomination sheet. You can nominate any eligible Squadron 59 son. This sheet will go to our May 1st meeting (6 pm upstairs) and elections will be held. Nominees can run for offices “from the floor,” as well as those listed on the nomination sheet. Those that do not decline will be in the election.

I truly encourage you all to attend and even better, run for an SAL Office.

Elected officers will be installed in June for the 2012 – 2013 year.

Current SAL 2011 – 2012 Officers:

Commander – Tom Burrows
1st Vice Commander –
Chris Touchette
2nd Vice Commander –
Charlie Ladieu
Adjutant – David Lowell
Finance Officer – Bill Kernan
Sergeant At Arms – Mike Mayo
Chaplain – Paul West
Historian – Mike Woodard
SAL Appointed Advisor –
Don Gamble / Rick Gray

There is much going on to close the 2011 – 12 year and I encourage your participation at our SAL monthly meeting. Remember to bring your

membership card so you are eligible to vote on all motions made. A glimpse of what is upcoming to close the year:

- Charitable sponsorships still to vote on this year that we plan on are: Children's Miracle Network, Child Welfare Foundation, Waterbury Fire Department, Sourdiff Child Safety Foundation, National Guard Family Readiness Program & other as it presents itself
- Election process
- Reading and voting on the \$1000.00 Walt Coolbeth Scholarship given to a Harwood senior
- SAL Annual Get-A-Way Travel Extravaganza Committee – establish date, post flyers, start selling tickets to our biggest fund raising event of the year.
- Independence Day Celebration SAL Committee work to establish representation and activities down at the event.

Please come to your monthly meeting and take part in supporting veterans, youth and community!

Remember too: Memorial Day Observances at the following cemeteries: 09:00 Maple Street, 10:00 Rte100 Waterbury Center, 11:00 Hope, noon Holy Cross. The ghost walk will take place at the Rte 100 cemetery after the observances.

I hope all our post members will get to at least one of the observances in memory of our veterans who've gone before us.

And in memory of Legion members Bob Dillon and Larry Jordan we give thanks for their everlasting friendship and contributions to our Community and Post.

See you at a Post meeting or event soon!

Tom Burrows
S.A.L. Commander Squad 59

Help Support the Post Newsletter

Ad space is available at \$50.00 per quarterly issue. Size one column wide x 2".

Call Sam Miller, 244.1484.

Auxiliary

Hello, Ladies. The Auxiliary is approaching a very busy time in the year with many opportunities for our members to take part. Have you paid your 2012 dues yet? Is there a reason why you haven't? At this writing, Vermont is currently at 88.27% and is in 40th place in the nation.

At our April Unit meeting, the ladies met in the Post Hall upstairs and voted on a bylaw change which will increase our membership dues. National Headquarters has increased the money we need to pay them, and we must meet this increase. At this meeting we also appointed a nominating committee, as election of officers will soon take place.

Does anyone have a daughter who wants to go to Girls State? She must be a Junior in High School. More information on this can be obtained at the Post Home.

Our Auxiliary has been very busy this past year with projects for our veterans and in our community. Our members participated in both the Bennington Home for Veterans and the White River Veterans Hospital at Christmastime. Proceeds from our USO Show were given to the Good Neighbor Fund here in Waterbury and to the National American Legion Auxiliary Emergency Fund.

You will see our members out and about at local businesses collecting donations for poppies and at various Memorial Day Services. On that day, you can even join a Ghost Walk at a local cemetery.

Department of VT Convention dates have changed this year and will be held the last weekend in June on the 28th, 29th and 30th at the Sheraton Hotel in Burlington. This is a chance to see your State American Legion Family in action and all your old friends, too.

There are many ways you can help your Auxiliary. Come out and get involved!

For God & Country,
Kathi Farringer
Unit President

Thanks to all our great volunteers -- and our wonderful audiences -- for making the 13th Annual USO a real success!

Unit #59 Junior Auxiliary

Harry N. Cutting Unit #59 Junior Auxiliary has been busy! As usual we've provided assistance to the Auxiliary and Legion family programs such as the Post Picnic, Veterans' Day ceremony and Thank You cards, Auxiliary Birthday Dinner, Auxiliary Raffle and dinner, Children's Christmas Party, VA Gift Shop, and USO Show. We are also working on Community Service Patch requirements and projects to satisfy objectives in the Junior National Plan of Works.

We decorated the Post window for 9/11 Remembrance and helped with a Thanksgiving box of food and centerpieces for a local family.

Anne-Marie gave a demonstration to the Senior Auxiliary on social networking and using the computer to access Auxiliary information. She also took Thai language and culture classes, did fundraising, and completed a service project in Thailand over February break.

Recently, Amelia, Destiny and Clara toured the Vermont State Capitol and took part in a scavenger hunt at the Vermont History Museum.

We received a gift from our pen pal and his unit stationed in the Middle East. We welcome "Sandy," our stuffed bear from across the world, into our Legion family!

10th Annual Calcutta

Saturday, April 28th

Cocktails 6:00

Dinner 7:00

Jimmy Thurston's Band

Top Prize \$3,000

Get your tickets now!
\$100 each; includes
dinner for two, Calcutta,
and dancing

(Must be paid for in
advance.)

POST 59 CALENDAR OF EVENTS

MAY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 SAL Meeting 6:00	2 VT Small Business Development Training (All day)	3 Texas Hold'em 7:00	4	5 4:00 Kentucky Derby with Cingo DeMayo (downstairs)
6	7 House Committee 6:00	8 Legion & Auxiliary Meetings 7:00	9	10 Texas Hold'em 7:00	11 Private Party (Night)	12 Softball Calcutta 5:30
13 <i>Mothers Day</i>	14	15	16	17 Texas Hold'em 7:00	18 Funeral lunch (Day) Private Party (Night)	19 State Commander & Presidents Testimonial
20	21	22 E-Board Meeting 6:00	23	24 Texas Hold'em 7:00	25	26
27	28 Memorial Day ceremonies;	29	30 <i>Memorial Day (Traditional)</i>	31 Life Safety Screening (All day)		

POST 59 CALENDAR OF EVENTS

JUNE 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 House Committee 6:00	5 SAL Meeting 6:00	6	7 Texas Hold'em 7:00	8	9
10	11	12 Legion & Auxiliary Meetings & Installation of Officers 7:00	13	14 Texas Hold'em 7:00 <i>Flag Day</i>	15	16
17	18	19	20	21 Texas Hold'em 7:00	22	23
24	25	26 E-Board Meeting 6:00	27	28 Department Convention Texas Hold'em 7:00	29 Department Convention	30 Department Convention <i>Waterbury Independence Day Celebration</i>

JULY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 House Committee 6:00	3 SAL Meeting 6:00	4 <i>Independence Day</i>	5 Texas Hold'em 7:00	6	7
8	9	10 Legion & Auxiliary Meetings 7:00	11	12 Texas Hold'em 7:00	13 <i>Stowe Street Arts Festival</i>	14 <i>Stowe Street Arts Festival</i>
15	16	17	18	19 Texas Hold'em 7:00	20	21
22	23	24 E-Board Meeting 6:00	25	26 Texas Hold'em 7:00	27	28
29	30	31				

10th Annual Calcutta

Sponsored by American Legion Post #59

To Benefit

American Legion Children & Youth Programs

Did you know last year we gave over \$10,000 to local Children & Youth Programs and Community Programs?

Help us to do it again by purchasing a ticket!

Pay Out – Top Prize: \$3000

Minor Pay Outs totaling - \$2,000 as follow:

1st Ball Drawn - \$100

80th Ball Drawn - \$300

20th Ball Drawn - \$200

103rd Ball Drawn - \$400

40th Ball Drawn - \$200

104th Ball Drawn - \$600

60th Ball Drawn - \$200

105th Ball Drawn - \$3000

TICKETS: \$100 each = Includes dinner for two, calcutta and dancing.

**Only 100 Tickets Will Be Sold
(Five Balls will be raffled that night)**

Saturday, April 28th at Waterbury American Legion
Cocktails: 6:00 Dinner: 7:00 Calcutta & Dancing to Follow
[dance to Jimmy Thurston's Band](#)

PURCHASE YOUR TICKET NOW

(All tickets must be paid for in advance!)

For Tickets Contact: Terri Christie 578-6622 or Legion 244-8144

Please reserve one ticket in my name, I will pick up at the door.

NAME: _____ TELEPHONE: _____

ADDRESS: _____

Make Check Payable To: American Legion Post #59
PO Box 417
Waterbury, VT 05676