
Harry N. Cutting Post 59 American Legion Family

Waterbury, Vermont

November, December 2013, January 2014

COMMANDER

Legion Family members.

The first quarter of being Commander has been a learning experience. I thank everyone for their support, and patience. Special thanks to the SAL and the Auxiliary, both your groups do so much for our Legion family. To the bar staff (Terrie-Ann, Tammy B., Wiggie, Tammy G., Kathy C., Ginger, Chris T., and Lucas), thank you for all you do above and beyond your regular duties, you all put so much extra time in for the club and Legion family. Without them a lot of these functions would not happen. The next time you visit the club, please say thank you to them.

Turn out for the post picnic wasn't all that strong, but we had a fun event with a very good meal. Thank you to all those who helped out on this event. Any ideas for next year's picnic please e-mail them to me at



mlp63@comcast.net.

The lobster feed was great and we had a good turnout with lots of compliments. Thank you to everyone who helped out; you all know how to do great feed.

We've got some great

events coming up this quarter, please check our calendar. If you might be interested in helping on any of them please send me an e-mail with some contact info.

Don't forget pay your dues early for 2014 and come to a free dinner on October 12th. We have a spaghetti dinner on October 25th with the money raised going to pay our HLM members' dues for 2014.

On October 26th we have an adult Halloween party. October 31st we will pass out candy for kids Halloween. There is a Veterans appreciation dinner at the Legion on November 3rd that is free to all Veterans and their spouses. Please join us on Veteran's Day, November 11th. There will be a ceremony at 11:00 at Rusty Park with a free lunch after at the Legion.

Thanks everyone for all you do,
Michael Freedom
Commander, Post 59

For God, Country and our Veterans

FUEL RAFFLE

Tickets \$20
available now at the bar.

Dinner Friday, November
29th at 6:30

Proceeds support Children &
Youth programs.

ADJUTANT'S NOTES

Hope all is OK throughout
Vermont's foliage season?

Have you sent in your 2014
membership dues yet?
Renew on line at
legion.org, select re-new
and away you go. I will
get notification by e-mail
and will send you your
card. Our post membership
goal is 298. If you are
aware of friends,
neighbor's that are
veterans, please give me a
call. I'll make the
connection, 522-7770,
"Thanks"!

Our "Early Bird" Dinner
will be on Saturday,
October 12, 2013.
Members that have paid
their 2014 legion dues are
invited to attend at NO
COST. If you have not
paid your 2014 dues, you

can pay at the door, \$30.
This Early Bird dinner is a
Legion Family event.
There will be
representation from the
Legion Auxiliary, and
Son's to pay your dues and
join us with a meal.

This newsletter may have a
calendar of events,
however I'd ask you to
participate in post or
Department events; Green
Mountain Council BSA is
hosting their annual
"Veterans" Appreciation
Parade, Saturday,
November 2, 2013. The
event is held in Morrisville,
Vermont this year. The
parade starts at 11:00 AM.
You will need to get there
early for good parking.
You may need to dress
warm as well! As your
Department Commander, I
invite you to march with
me CUZ you're a veteran.
I believe I will be close to
the front of the parade? I
have a dinner visitation in
Arlington the same
evening.

Our "Veterans"
Appreciation Dinner is held
each year at Post # 59.
This year it will be held on
Sunday, November 3, 2014
starting at 1:00 PM. All
Veterans and a guest are
invited to attend. This is a

FREE dinner showing our
appreciation for your
service to our nation. This
will be a complete Turkey
dinner to get you ready for
the holiday season. Please
join us at Post # 59.

There will be a Veteran's
Day memorial service at
Rusty Park on Monday,
November 11, 2013, at
11:00 AM. Again, please
join us. A light luncheon
will be provided after the
ceremony, at Post # 59.

Regards,
Rick Gray
Adjutant, Post 59

Junior Auxiliary **SPAGHETTI DINNER**

Sunday, November 17th
At 1:00

Dinner free to Veterans, \$3
all other guests.

SERVICE OFFICER

Veterans with health
insurance provided by
TriCare, the VA or Defense
Department are **not**
required to enroll in
Vermont Health Connect,
a.k.a. Obama Care and the
Affordable Care Act.

However, those using the VA for prescriptions only should consider doing so. Vermont Health Connect (VHC) will probably be more expensive unless the applicant qualifies for a subsidy. To determine cost, possible subsidy and premiums use the VHC website at <http://healthconnect.vermont.gov/>. If you need help call the Post 59 Service Officer or the VHC call center: (855) 899-9600. The VA toll free number is (866) 687-8387.

In addition to the above, those insured by Medicare Plan A and B with or without a supplement are not eligible to enroll in VHC.

Those individuals who do not have health insurance from an employer or another source are required to enroll. Enrollment and payment by December 15 will assure receiving a card by January 1st. However, those enrolling and paying by December 31 will be covered.

Upon receiving a life insurance offer from United of Omaha addressed "For American Legion Members", this writer

checked the premium and found it expensive compared to other plans. It might be better to purchase a less expensive plan and contribute the difference to the Post.

For veteran and spouse burial benefits call the Vermont Veterans Affairs Office in Montpelier for details and a brochure: (888) 666-9844.

Our annual
"VETERAN'S
APPRECIATION
LUNCHEON"

Sunday, November 3rd
(Starts at 1:00 p.m.)

NOTES FROM THE VA

The VA published a final regulation September 6, 2013 to presume Veterans early onset peripheral neuropathy is related to their exposure to herbicides during service. This does away with the requirement that peripheral neuropathy be temporary and resolve within two years. The condition must still be 10 percent disabling within one year of exposure for VA to presume an association. To find out more about Agent Orange and VA benefits, visit:

www.publichealth.va.gov/exposures/agentorange.

Since **Hospice and Palliative Care** are part of the VA Standard Medical Benefits Package, all *enrolled veterans* are eligible **IF they meet the clinical need for the service**. Co-pays are NOT charged for Hospice and Palliative Care, whether they are provided by the VA or an organization with a VA contract.

Long Term Care

- Includes a **wide range of services** such as help with everyday tasks and support for managing an illness.
- Is **provided for an extended period** when someone is not able to do everyday tasks themselves.
- Can be provided in **many settings**, such as a person's home, community sites, residential settings, and nursing homes.
- May include support for family members or other caregivers who help people who are ill or disabled.

Please review the Home and Community Based Services and Nursing

Home and Residential Settings sections of the Guide for a detailed description of long term care services and settings.

You may be able to pay for long term care services through the VA, Federal and State programs (Medicare and Medicaid), and through insurance or your private funds. Click on the tabs in this section of the Guide for more information on these sources of funding.

Your eligibility for long term care services, provided in any long term care setting, will be determined based on your need for ongoing treatment, personal care, and assistance, as well as the availability of the service in your location. Other factors, such as financial eligibility, your service-connected (VA disability) status, insurance coverage, and/or ability to pay may also apply.

Sam Miller
Service Officer
802.244.1484
LSamMiller1@gmail.com

Auxiliary Birthday Party
November 13th
Potluck dinner at 6:30.
Bring a dish!

SONS OF THE AMERICAN LEGION

It's that time of year again, unfortunately summer is almost over, but on the bright side the fall is an amazing time of year. Get out and enjoy the last few days of Indian summer, you won't regret it.

We just wrapped up our biggest fundraiser of the year, the 6th annual Sons of the American Legion Get-away Extravaganza. Thank to all of you we had our biggest year to date, 220 tickets out of a possible 250 were sold and a first ever most in attendance, we raised over \$4000 for our local and district veteran and children and youth programs, what more can you ask for? I cannot say it enough **THANK YOU ALL!!!!**

A special thank to all of our wonderful sponsors this year, for example: Garth Warren for his award winning Vermont Maple syrup, Sunflower Salon and the REZ for their generous gift certificates and all the other sponsors who so generously donated time and goods to this great cause.

CURE CABIN FEVER

The 15th Annual
POST 59

USO SHOW

February 7 & 8, 2013

Tickets will be available in
December
(They make nice gifts)

Save The Date!!

On a lighter note, I would like to make mention of our young Junior Auxiliary President's (Destiny Gibbs') challenge to her American Legion family of a hoola hoop contest at the Veterans Appreciation Dinner on Nov 3rd – we accept, bring on your best....

I would also like to take a moment to talk about membership, we have a great group and I would like to remind you all we have our Early Bird dinner coming up October 12th (see the Legion section for details). Please come and partake of the great meal and great companionship. I'd also like time to thank the countless volunteers helping with the events. We (the entire Legion Family) cannot do any of what we do without YOU. Please, come out and share

the honor and privilege of being / becoming a SAL member.

Also another reminder: Veterans Day is fast approaching. When you run into one of our vets, give a nod or a handshake and say thank you, for without them and their sacrifices', we would not have the freedom and privileges we do greatly enjoy.

Please come out and support out entire Legion Family. I look forward to seeing all of you throughout the year.

For God, Country, and our Veterans,
Chris "Mooch" Touchette
Commander
The Sons of Post 59

Remember:
Bring your new items for veterans gifting in White River and Bennington to our November meeting.

AUXILIARY

Hello everyone,

Looks like fall is arriving all to fast. I don't know about you but I am not ready for summer to end.

I would like to take this opportunity to thank everyone for all of your help with the many functions this summer.

There was a wonderful turnout for the National Presidents visit. Thank you to all for your hard work and the time taken from your families to prepare for this function. Once again the performance of The Ballad of the Green Beret brought tears to my eyes. Tom, Wilbur, Marcus, Mike and Fred -- you guys did a fantastic job. Thank you to the kitchen help; the meal was fantastic as always. It was really nice to show everyone how we work together as The Legion Family.

I want to once again remind everyone to get your dues in early. I would like to see Unit 59 reach the goal of 100% this year. Remember the contests that I have going. You may win some money.

The holiday season is fast approaching. It is a busy time at the post so why not stop in and see what is happening.

Bingo is starting back up. We are going to try to keep it the first Sunday of the month but occasionally the hall is rented so we have to change the date. Be sure to check for changes.

Our fall conference is being held in Barre. I would love to have a good turnout for that.

Remember our monthly meeting has been changed to the second Wednesday of the month at 7:00 p.m. I'd love to see more in attendance.

..... AND IN LATE OCTOBER

Spaghetti Dinner

Friday, October 25th
Cocktails 6:00, Dinner 7:00
\$10 supports our HLM members' 2014 dues.

Halloween Party

For adults!
Saturday, October 26th
Doors open 7:30
Munchies, Music and Prizes
For Costumes!

Trick Or Treat

Thursday, October 31st
Starts at 4:30
Goodies for costumed kids!

JUNIOR AUXILIARY

FYI to everyone: the Junior Auxiliary has been working hard for the Veterans.

They prepared and served a luncheon for the 8/40 and the money they earned from that was donated to Commander Rick's project.

The Juniors will be having a spaghetti dinner for the Veterans on November 17. The residents of the Veterans House in Northfield will also be invited to this. Dinner will be free to all Veterans and there will be a charge for any of their guests. Junior President Destiny has issued a hoola hoop challenge to the Legion and SAL Commanders and the Auxiliary President. This will take place at the Veterans dinner. Hope to see you all there. For more information please contact the Post.

For God, Country
and our Veterans
Virginia Estivill
President Unit 59
Jr. Auxiliary Advisor

FROM THE BAR....

Wow...have you looked at the calendar of events yet? We have so many things happening at the legion within the next three months! Look at the schedule and you will notice many of these things are for the soldiers and their families, the veterans and our community.

Please note: none of this can happen without your support. The funds raised for these events come from the club, raffles, etc. and the only thing missing is YOU. Come on down and support the club. We have a very friendly staff waiting to serve you, lots of events scheduled with

entertainment on both Friday & Saturday nights.

The Tuesday night "Lottery Raffle" is going strong. Come on down and visit us; play a free game of pool, purchase a beverage (it doesn't have to be alcoholic), play some cards, roll the dice and sign the book.

In January the Squadron Commander, Mooch, is setting up a Red Neck Horse Shoe League. Do you know what that is? Call 244-8144 and ask the staff. We plan on horse-shoes, food and lots of fun.

Don't forget Veterans Day on Nov. 11th -- the 11th month, the 11th day at 11:00 o'clock. See you at Rusty Parker Memorial Park for the ceremony and then come join us at the Legion for a light lunch. Happy Holidays from the entire staff!

The Children's Christmas Party will be held on Saturday, December 14, 2013 from 10:00am-Noon. All Legion Family children/step-children up to the age of 10 are eligible to be signed up. Please fill out the information and get it back to Harry N. Cutting Post #59. For further information, please contact Rani Gray – 802-522-3664 or Thelma Forkey – 802-595-2902. The family needs to be present to receive a gift from Santa. Refreshments will be served.

Child's Name _____

Age _____ Male _____ Female _____



POST 59 CALENDAR OF EVENTS

NOVEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Veterans Parade Morrisville 11:00
3 Veterans Appreciation Dinner 1:00	4 House Committee 6:00	5 SAL Meeting 6:00 Lotto Raffle 7:00	6	7 Texas Hold'em 7:00	8	9
10 Bingo 11:00	11 Veterans Day Ceremony 11:00 Rusty Parker Park	12 Lotto Raffle 7:00	13 Auxiliary Birthday Party & meetings 6:30 Dinner	14 Texas Hold'em 7:00	15	16
17 Spaghetti Dinner 1:00	18	19 Lotto Raffle 7:00	20	21 Texas Hold'em 7:00	22	23
24	25	26 Lotto Raffle 7:00	27 E-Board Meeting 6:30	28 <i>Thanksgiving Day</i> <i>Post closed</i>	29 Fuel Raffle Dinner 6:30	30

DECEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Bingo 11:00	2 House Committee 6:00	3 SAL Meeting 6:00 Lotto Raffle 7:00	4	5 Texas Hold'em 7:00	6	7
8 National Guard Christmas Party 10:00	9	10 Lotto Raffle 7:00	11 Legion & Auxiliary Meetings 7:00	12 Texas Hold'em 7:00	13	14 Children's Christmas Party 10:00 to Noon
15	16	17 Lotto Raffle 7:00	18	19 Texas Hold'em 7:00	20 Bartenders Christmas Party 6:30	21
22	23	24 Lotto Raffle 7:00	25 <i>Christmas Day</i> <i>Post closed</i>	26 Texas Hold'em 7:00	27	28
29	30	31 Lotto Raffle 7:00				

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JANUARY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Commander's Call 12:00 Noon	2 Texas Hold'em 7:00	3	4
5 Bingo 11:00	6 House Committee 6:00	7 SAL Meeting 6:00 Lotto Raffle 7:00	8	9 Texas Hold'em 7:00	10	11
12 Fiddlers 12:00 Open to public	13	14 Lotto Raffle 7:00	15 Legion & Auxiliary Meetings 7:00	16 Texas Hold'em 7:00	17	18 Snowmobile Banquet
19	20	21 Lotto Raffle 7:00	22 E-Board Meeting 6:30	23 Texas Hold'em 7:00	24	25
26	27	28 Lotto Raffle 7:00	29	30 Texas Hold'em 7:00	31	

Check with the Post (244-8144) or the website (<http://www.alpost59vt.us>) for more information