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# Harry N. Cutting

## Post 59 American Legion Family

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Waterbury, Vermont

November, December 2016, January 2017

### COMMANDER

Hello Legion family,

I would like to say thanks to everyone for supporting the Legion.

Here is an update as to what's happening at the Post. As of September 28<sup>th</sup> our Commander David Dow and our First Vice, Alonzo Perry resigned. I would like to thank them both for giving it a shot.

As Second Vice I will be standing in as Commander until we find another one or until elections in June. If anyone is interested in being Commander or First Vice please let someone at the Legion know.

- Halloween party - October 29 - wear a costume if you like.
- November 9<sup>th</sup> - Auxiliary birthday dinner - serving dinner at 6pm.
- November 11<sup>th</sup> at 11am - Veterans Day ceremony at Rusty Park - light bites at Legion after ceremony.
- November 11<sup>th</sup> - Veterans appreciation and early bird



dinner - meal served at 6pm - free to all Veterans, women's auxiliary and SAL members. Please come.

I would like to put a big thanks out to the Post color guard and firing squad for all they do - you guys are awesome!

Just a thought for all to ponder - remember we're here for Veterans, children and youth programs and community. Thank you.

For God and Country,  
Your acting Commander,  
Michael Freedom.

### ADJUTANT'S NOTES

Fall has arrived and everyone is preparing for that next season that always seems to follow which is a perfect time to stop in to the Legion from a break from all the fall chores!

The season brings fall convention, lots of great Post dinners, and the close-out of the 2016 membership year. Make sure you check out the calendar in the back of this newsletter for the many happenings at the Post, and come on out and be a part of the fun. The officers of Post 59 are already thinking ahead to 2017 and how to make it the best year yet for the

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For God, Country and our Veterans

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Legion Family. If you have comments or suggestions for what you would like to see going on at your Legion, then you can always join us on the second Wednesday of each month at 7 pm for Post meetings, or e-mail your suggestion to [alpost59@comcast.net](mailto:alpost59@comcast.net).

The membership drive for 2017 is off to a great start, and a huge "Thank You" to all of those "Early Birds" that have already paid your 2017 dues. I am really looking forward to the Veteran's Day and Early Bird dinner on the 11th of November, and don't forget you can renew your dues at the door the night of the event. So far we have only had 9 members renew online, so we are a ways from beating the 24 for 2016 and the challenge I set out from the last newsletter.

We are currently at 72 paid regular members, 65 HLMS paid for by the Post, and 10 PUFL members for a total of 147 which puts us at 65% towards our goal of 227 for the year. Thank you for keeping our Post going strong.

This quarter I would like to highlight the many scholarship opportunities for high school students of Legion members. At the local level we have the Rick Gray award, which will award \$250 to a graduating senior based on need, and all we need is for them to apply! At the state level are ten \$500 scholarships, one \$1,000 scholarship, and a scholarship for \$1,500. All that is required for these is an application obtained from the Post adjutant,

## **VETERAN'S DAY**

### **Friday, November 11<sup>th</sup>**

**11:00 Ceremony**  
at Rusty Parker Park with light bites at the Post afterwards.

**6:00 Veterans Appreciation & Early Bird Dinner**  
Free to all Veterans and Auxiliary & Sons of the American Legion.

high school transcripts, and two letters of recommendation from school staff.

At the national level is the American Legion Oratorical Contest where the Vermont winner receives \$1,000 and National participants receive between \$1,500 and \$18,000. These are competitive scholarships and require participation at a local post along with the national competition. Contact me at the below email address to get applications, and don't let these scholarships go unclaimed!

Reminder that the dues for 2017 are \$40 with \$35 going to Department and National, and \$5 staying at the Post. To renew online visit [legion.org](http://legion.org) and click on the renew button. You can use a credit or debit card to pay your dues from your home, and this updates the national site instantly. I will send you your card as soon as I am notified that you have paid your dues.

If you haven't done so, then please sign up for our letter by sending an email to

[legionpost59vt@googlegroups.com](mailto:legionpost59vt@googlegroups.com) or [chriswood0869@gmail.com](mailto:chriswood0869@gmail.com). Things can change fast, and we don't want you to miss anything going on at your Post! See you there.

Chris Wood, Adjutant  
[chriswood0869@gmail.com](mailto:chriswood0869@gmail.com)

## **LEGION RIDERS**

What a great summer for riding, and now crisp fall weather and brilliant leaves. We live in a great place for riding motorcycles, and we will try to enjoy every minute until %\$%# flies.

Summer kept us busy enough that we didn't get nearly enough group rides, but individual riders managed to show the Legion Riders vest far and wide to proudly represent Post 59 and the Legion in general. Rick and Rani braved the rain and helped deliver a donation check to the Vermont Veterans Home back in August, and the month also brought the annual Toy Run through Berlin, Barre, and Montpelier.

September brought the Ladies Ride Against Breast Cancer with a couple riders involved in this event. We keep working to get the word out about the riders, and we have a great time doing it!

October, November, and December mark the waning days of riding, but there are still several events coming up from the Riders Group. Join us October 29th for a Halloween Party with a costume contest

and live music. We will use this event as a fundraiser with the goal of putting on live music courtesy of the Legion Riders throughout the long days of winter. Bring out your scariest costume and dancing shoes and celebrate fall.

Interested in becoming a Legion Rider? Meetings are the second Wednesday of the month at 6 pm just before Post meetings, and rides will occur as weather permits. We focus on safe riding practices and comradery and not on long distances or extended trips. The more members we have, the more we can do for local programs and the veterans that benefit from these programs.

If you would like to be a member of the Legion Riders Group, then contact me at 802-793-4904, e-mail [chriswood0869@gmail.com](mailto:chriswood0869@gmail.com), or visit us at Post 59.

Chris Wood, President  
Legion Riders

## POST 59 BLOOD DRIVE

Friday December 9<sup>th</sup>  
From 10:00 to 3:00

## SERVICE OFFICER

### Vaccines for Adults 60 Years or Older

From the Centers for Disease Control and Prevention website: <http://www.cdc.gov/vaccines/adults/rec-vac/index.html>

## AUXILIARY BIRTHDAY PARTY

Wednesday, November 9<sup>th</sup>  
Social after 5:00  
Dinner at 6:00

An estimated 1 million Americans get shingles every year, and about half of them are 60 years old or older. Additionally, over 60 percent of seasonal flu-related hospitalizations occur in people 65 years and older. As we get older, our immune systems tend to weaken over time, putting us at higher risk for certain diseases. This is why, in addition to seasonal flu (*influenza*) vaccine and Td or Tdap vaccine (*tetanus, diphtheria, and pertussis*), you should also get:

- Pneumococcal vaccines, which protect against pneumococcal disease, including infections in the lungs and bloodstream (recommended for all adults over 65 years old, and for adults younger than 65 years who have certain chronic health conditions.)
- Zoster vaccine, which protects against shingles (recommended Vaccines for adults 60 years or older).

The Zoster vaccine is very expensive, about \$300 as your Service Officer recalls, and it is available in the VA health care system as an ordinary \$50 outpatient procedure or less if given by a nurse.

There is a VA recommended

vaccination schedule for all adults on the bulletin board at the Post and available from the Post Service Officer by e-mail.

### Tri-Care Pharmacy Changes in December 2016

WASHINGTON (Sept. 30, 2016) Express Scripts, Inc. (ESI) today announced upcoming changes to the retail pharmacy network it manages on behalf of TRICARE. On December 1, 2016, Walgreen's pharmacy locations will join the network. CVS pharmacies, including those in Target stores, will leave the network on the same day.

The new network will have more than 57,000 locations nationwide, and ensures TRICARE beneficiaries have timely access to retail pharmacies in their community. ESI is the TRICARE pharmacy contractor responsible for developing the pharmacy network. ESI reached a new network agreement with Walgreen's, which will replace CVS pharmacy in the TRICARE network.

This change is intended to provide better value and maintain convenient access for beneficiaries. The addition of Walgreen's into the network means that 98 percent of TRICARE beneficiaries will still have a network pharmacy within 5 miles of their home. Find a network pharmacy at <https://www.express-scripts.com/TRICARE/index.shtml>.

For God and Country,

Sam Miller, Service Officer  
Telephone: (802) 244-1484  
[LSamMiller1@gmail.com](mailto:LSamMiller1@gmail.com)

## RED CROSS BLOOD DRIVE

Your Post will host a blood drive on 9 December 2016 from 10 AM – 3 PM. The August blood drive was very successful with 50 pints collected. Post 59 will continue holding blood drives throughout 2017. Someone you know has or will need blood in a life-threatening situation.

The Red Cross is very appreciative of your letting them help saving lives by donating the use of your Post by them.

Thanks for all the support,

Gene Sweetser, Post 59  
Red Cross Blood Coordinator

## SONS OF THE AMERICAN LEGION

Hello Squadron and Post 59 Family. It's October!!

We're into our second quarter of the session and . . .



**SERIOUSLY – your SAL Squadron Officers need your help.**

### Our SAL 2016 – 2017 Officers

Commander – Tom Burrows  
1<sup>st</sup> Vice – David “Road” Lowell  
2<sup>nd</sup> Vice – Pete O’Brien  
Adjutant – Bill Kernan  
Finance Officer – Bill Kernan

Sergeant At Arms – Paul West  
Chaplain – David “Wilbur” Wright  
Historian – Michael F. Woodard  
Advisor – Gary Cromie

In last quarters newsletter I wrote to everyone sharing a proud moment and appreciation of our Finance and Adjutant Officer Bill Kernan being awarded Waterbury Rotarian of the Year. *Again – well done Bill!*

Unfortunately for the Squadron, and I truly expect and hope a good fortune for Bill, our Finance and Adjutant Officer is at a fork in the road in his life and has accepted a new job helping manage the Middlebury Department of Public Works. *Congrats Billie!!*

Thus the request in earnest for some help in lieu of what will be open positions by year end. We the Officers of the Squadron are looking for volunteers like us to help with the administration of our Squadron duties in support of our Legion Post and its programs. Bill has been filling in on double duties.

- Finance is openly operating our checkbook, reporting on all incoming and outgoing expenses and donations, and completing a couple of annual reports working with your commander. These are the routine duties of the position, not the participation in events etc.
- Adjutant is the processor of all membership. To and from the state department level, then accounting for those paid, processing

monies through Finance officer and ultimately mailing cards to members. Too there is multiple membership drive mailings during the year that must be processed as well. These are regular duties/tasks.

For both of these roles that I just detailed is not all encompassing. For all officers there are monthly meetings to attend, (12) a year, committee meetings for functions and scholarships, and certainly the volunteering time and effort to get our fund raising events off the ground and making them successful.

**SERIOUSLY – your SAL Squadron Officers need your help!**

Without officers, new blood in the officer roles, and ultimately volunteers to take care of the administrative tasks and the generation of fundraising for our veterans, youth and community programs, the Squadron can *up and fold*.

In the interim the remaining officers and Bill will create a transition plan to keep things moving forward and tasks getting done. We will find a way short term to maintain, but this is not sustainable.

Please reach out to any Squadron, Auxiliary or Legion Member and Officers if you have any interest, energy, or the will to keep the positive in what we do alive and viable.

OK, there's your Squadron Commanders Plea, now let's talk a bit of how we are doing.

## The 9<sup>th</sup> Annual Redneck

**Extravaganza** -- the last weekend in September was a 100% success! We sold all our tickets, the winner gave back a \$500 donation and we maxed out on what we could put in our donation coffers minus expenses to run the event, (band, food, prizes, etc).

Like in any event the event organizers and volunteers take on a multitude of tasks to create an atmosphere that lets our event patron's bring the event to life. To Life it came and we had "a ball!"

The Grenier Farm donations for decorations and the labor and transportation of them from the Metayer family next door, a Tunbridge Fair Award-winning basket of canned pickled items and jams from the Mayo family, Best Redneck Dress prizes from Coffee Roasters K-kups and a jug of award winning maple syrup from Garth Warren.

The food came in all varieties including a basket of assorted pickles from the Sabin family, bear cocktail balls from the Freedom's amongst other dishes, and an array of foods prepared and donated from some of our Post's family: McNCheese by the Carminati's, Turtle soup from Dave Lowell, a shrimp gumbo from Wilbur, an array of choices from the Woodard family, beans and chili, and so much more from the O'Briens, Bill Santor in the chili category, and so many more. You all and the most incredible team in the Kitchen and House that week ~ I tip my hat and give gracious thanks to all. **THANK YOU!!** It takes a

lot behind the scenes to make these events great whether that be an event at our Post or any other venue. Again, I can't thank you all enough!

## November 1<sup>st</sup> 6:00pm upstairs is our next SAL meeting.

Agenda items that night if you have an interest, or if you have something you want us to act on and to add to our agenda:

- Our transition of Finance and Adjutant tasks for the interim of new officers.
- Meat bingo – establish a date and working committee to bring the event to life
- Establish a date and scholarship meeting for the entire Post family to give away our scholarships to graduating students going to Harwood or affiliated with membership of the Post; to look at giving to and or recognizing those graduating and going into the services.
- Review our Detachments 2016-2017 Commanders Project – Veterans Appreciation Gift Card program
- 11/9 – Auxiliary Birthday Dinner – what we need to do
- 11/11 – Veterans Day Ceremony and luncheon, an and Veterans Appreciation & Early Bird Dinner on Veterans Day 11/11.
- Our State Detachment Commanders will be in visiting too.

Membership – it's the life blood of the Legion program. There are a few stragglers out there. Please pay your 2016 dues. For everyone else time to get your

2017 dues in.

HAPPY AUTUMN EVERYONE! – Good luck afield and be safe! Looking forward to seeing you at our Post and our Post events!

For God, Country, our Veterans, and Community!  
The Sons of Post 59  
Tom Burrows, Squadron Commander

## **Bar Tender's Christmas Party**

**Friday, December 16<sup>th</sup>**

Lots of good food, fun, and Santa Claus!

*Starts around 6:00*

## AUXILIARY

Hello fellow ladies, hope all is well with you! Yes, we're heading into fall, and in October Loleta and I, and hopefully a couple of other officers, are headed to fall conference. It's my second one, and I know we'll bring lots of good info back. Also, the Legion Riders are having a Halloween dance on October 29<sup>th</sup>, 6-9 and everyone is welcome. Plus we'll have goodies for the kids on Halloween.

Don't forget to come to the Veteran's Day ceremony, November 11<sup>th</sup> at 11:00 at Rusty Parker Park – a few minutes to honor our Veterans. And be sure to join us at our Auxiliary Birthday Party,

Wednesday, November 9th.

Please bring your items for the Veteran's Gift Shops to the Birthday Party. These will be available to veterans at the VA Hospital in White River and the Bennington Veterans Home so they can select gifts to give friends and family. If you bring a gift, it must be new, unwrapped and with the price tag removed, but please let us know the value as we need to keep track of the total. We also welcome donations to buy gifts.

On December 10<sup>th</sup> we'll hold the Children's Christmas Party from 10:00 to 12:00, with refreshments and a special visit from Santa Claus. If you have children or grand children who can attend, please sign them up! We need to know who's coming, so please send in the form below. The deadline is Thanksgiving, November 24<sup>th</sup>.

Our Membership Chair has given her notice. At the end of March 2017, a new chair will need to take over. That sounds like a long time away, but we are looking now for a volunteer

to start working with Mary in order to have a smooth transition. We need you! Please contact President Wanda to volunteer (802) 585-9931.

We'd really love you ladies to come to our meetings on the second Wednesday every month – we need your ideas! We'll be discussing whether to hold Bingo again this year – and if we do we'll need help with callers, kitchen and players.

Also we're thinking of a few things for the Juniors, but we need to know what they might be interested in. Please come let us know what you think. Stay safe, and see you all at our meetings!

For God and country,

Wanda Woodard, President  
Unit 59

### FROM THE BAR....

Happy Fall/Winter everyone!! We have had a very busy and productive summer here at the club. We appreciate all of your

support and helping hands. Thanks to all Legionnaires, SAL, and Auxiliary members who have put your time and effort into everything that makes Post 59 great. I would also like to send out a special thanks to Grenier's farm stand for their wonderful produce donations this year.

As the busiest time of the year rolls around, and you find yourself looking for something to do, don't hesitate to come down and volunteer, or just be part of a fun crowd. Remember the Bar Tenders Christmas Party on Friday, December 16<sup>th</sup>! Be sure to sign up for the gift exchange by December 9<sup>th</sup>.

Also, call to book your winter parties sooner than later since space is very limited in the colder months. Please see the attached calendar and let me know if there are any functions you would be interested in helping with.

Thanks again,  
Tammy & Staff.

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## CHILDREN'S CHRISTMAS PARTY DECEMBER 10, 2016

The Children's Christmas Party will be held on Saturday, December 10<sup>th</sup> from 10:00 a.m. to Noon. All Legion Family children/step-children/grandchildren up to the age of 10 are eligible.

Please fill out the form and send to Loleta Perry, 40 Fairground Road Unit 16, Waterbury, VT 05676 by Thanksgiving (November 24<sup>th</sup>). For questions or further information, please contact Loleta at (802) 244-8563.

The family needs to be present to receive a gift from Santa. Refreshments will be served.

Child's Name \_\_\_\_\_

Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Adult Contact \_\_\_\_\_ Phone: \_\_\_\_\_



## POST 59 CALENDAR OF EVENTS

### DECEMBER 2016

| SUNDAY                                      | MONDAY | TUESDAY   | WEDNESDAY   | THURSDAY                    | FRIDAY  | SATURDAY   |
|---|--------|---|---|-----------------------------|---|--|
|   |        |   |   | 1<br>Texas Hold'em<br>7:00  | 2   | 3  |
| 4<br><b>Guard's<br/>Christmas<br/>Party</b> | 5      | 6<br>SAL Meeting<br>6:00<br><br>Queen of Hearts<br>Drawing 6:30 | 7<br>Legion Riders 6:00<br><br>Legion &<br>Auxiliary 7:00 | 8<br>Texas Hold'em<br>7:00  | 9<br><b>Blood Drive</b><br>10:00-3:00                 | 10<br><b>Children's<br/>Christmas<br/>Party</b><br>10:00-12:00 |
| 11  | 12     | 13<br><br>Queen of Hearts<br>Drawing 6:30                       | 14  | 15<br>Texas Hold'em<br>7:00 | 16<br><b>Bar Tenders<br/>Christmas<br/>Party</b> 6:00 | 17   |
| 18  | 19     | 20<br>Queen of Hearts<br>Drawing 6:30                           | 21<br>E-Board Meeting<br>6:30                             | 22<br>Texas Hold'em<br>7:00 | 23  | 24   |
| 25<br><i>Christmas Day<br/>Post Closed</i>  | 26     | 27<br>Queen of Hearts<br>Drawing 6:30                           | 28  | 29<br>Texas Hold'em<br>7:00 | 30  | 31<br><i>New Year's Eve</i><br><b>Pot Luck<br/>Dinner</b> 6:00 |

Check with the Post (244-8144) [alpost59@comcast.net](mailto:alpost59@comcast.net) or the website (<http://www.alpost59vt.us>) for more information.

### JANUARY 2017

| SUNDAY                                | MONDAY | TUESDAY   | WEDNESDAY  | THURSDAY                    | FRIDAY | SATURDAY |
|---------------------------------------|--------|---|--|-----------------------------|--------|----------|
| 1<br><b>Commander's<br/>Call</b> Noon | 2      | 3<br>SAL Meeting<br>6:00<br><br>Queen of Hearts<br>Drawing 6:30 | 4  | 5<br>Texas Hold'em<br>7:00  | 6      | 7        |
| 8                                     | 9      | 10<br>Queen of Hearts<br>Drawing 6:30                           | 11<br>Legion Riders 6:00<br>Legion &<br>Auxiliary 7:00 | 12<br>Texas Hold'em<br>7:00 | 13     | 14       |
| 15                                    | 16     | 17<br>Queen of Hearts<br>Drawing 6:30                           | 18   | 19<br>Texas Hold'em<br>7:00 | 20     | 21       |
| 22                                    | 23     | 24<br>Queen of Hearts<br>Drawing 6:30                           | 25<br>E-Board Meeting<br>6:30                          | 26<br>Texas Hold'em<br>7:00 | 27     | 28       |
| 29                                    | 30     | 31<br>Queen of Hearts<br>Drawing 6:30                           |  |                             |        |          |

American Legion Post #59  
P.O. Box 417  
Waterbury, VT 05676

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| <p>Non-Profit Org.<br/> U.S. Postage<br/> PAID<br/> WATERBURY, VT 05676<br/> PERMIT NO. 4</p> |
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### POST 59 CALENDAR OF EVENTS

#### NOVEMBER 2016

| SUNDAY | MONDAY | TUESDAY  | WEDNESDAY   | THURSDAY                                  | FRIDAY   | SATURDAY |
|--------|--------|--|---|---|--|----------|
|        |        | 1<br>SAL Meeting 6:00<br><br>Queen of Hearts<br>Drawing 6:30 | 2   | 3<br><br>Texas<br>Hold'em 7:00            | 4  | 5        |
| 6      | 7      | 8<br>Queen of Hearts<br>Drawing 6:30                         | 9<br><b>Auxiliary<br/>Birthday<br/>Party</b> 6:00 | 10<br>Texas<br>Hold'em 7:00               | 11<br><b>Veterans Day<br/>Ceremony</b><br>11:00<br><br><b>Veterans Appreci-<br/>ation &amp; Early Bird<br/>Dinner</b> 6:00 | 12       |
| 13     | 14     | 15<br>Queen of Hearts<br>Drawing 6:30                        | 16  | 17<br>Texas<br>Hold'em 7:00               | 18   | 19       |
| 20     | 21     | 22<br>Queen of Hearts<br>Drawing 6:30                        | 23<br>E-Board<br>Meeting 6:30                     | 24<br><i>Thanksgiving<br/>Post Closed</i> | 25   | 26       |
| 27     | 28     | 29<br>Queen of Hearts<br>Drawing 6:30                        | 30  |   |  |          |

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